MATH 136-02, 136-03 Calculus 2, Fall 2018

Section 7.3: Trigonometric Substitution

This section focuses on integrals involving terms of the form $\sqrt{a^2 - x^2}$ or $\sqrt{x^2 + a^2}$, where *a* is a constant. For these types of integrals, the key is to make a **trig substitution** that converts the integral into a simpler form. Then, after computing the integral in the new variable (usually θ), we use a right triangle and SOH-CAH-TOA to convert back into the original variable.

Useful Trig Identities:

$$\cos^2\theta + \sin^2\theta = 1 \tag{1}$$

$$1 + \tan^2 \theta = \sec^2 \theta \tag{2}$$

$$\sin(2\theta) = 2\sin\theta\cos\theta \tag{3}$$

Note that identity (2) above can be derived from (1) by dividing both sides of the equation by $\cos^2 \theta$.

The general technique of trig substitution is:

- for integrals containing $\sqrt{a^2 x^2}$, use the substitution $x = a \sin \theta$,
- for integrals with $\sqrt{x^2 + a^2}$, or $x^2 + a^2$ in the denominator, use the substitution $x = a \tan \theta$.

Integrals involving $\sqrt{a^2 - x^2}$

Example 0.1 Compute $\int \sqrt{9-x^2} \, dx$ using the substitution $x = 3\sin\theta$.

Answer: Letting $x = 3\sin\theta$, we have $dx = 3\cos\theta \, d\theta$ and

$$\sqrt{9-x^2} = \sqrt{9-9\sin^2\theta} = \sqrt{9(1-\sin^2\theta)} = \sqrt{9\cos^2\theta} = 3\cos\theta$$

Thus, the integral transforms to

$$\int 3\cos\theta \cdot 3\cos\theta \, d\theta = 9 \int \cos^2\theta \, d\theta$$
$$= 9 \int \frac{1}{2} (1 + \cos(2\theta)) \, d\theta$$
$$= \frac{9}{2} \left(\theta + \frac{1}{2}\sin(2\theta)\right) + c$$
$$= \frac{9}{2} (\theta + \sin\theta\cos\theta) + c.$$

To finish the problem, we return to the original variable x. We have $\sin \theta = x/3$, so $\theta = \sin^{-1}(x/3)$. Using a right triangle with one angle equal to θ , we find $\cos \theta = \frac{1}{3}\sqrt{9-x^2}$. The solution is

$$\frac{9}{2}\left(\sin^{-1}\left(\frac{x}{3}\right) + \frac{x}{3} \cdot \frac{\sqrt{9-x^2}}{3}\right) = \frac{9}{2}\sin^{-1}\left(\frac{x}{3}\right) + \frac{1}{2}x\sqrt{9-x^2} + c.$$

Integrals involving $\sqrt{x^2 + a^2}$

Example 0.2 Evaluate
$$\int_0^3 \frac{1}{\sqrt{x^2 + 16}} dx$$
 using the substitution $x = 4 \tan \theta$.

Answer: Letting $x = 4 \tan \theta$, we have $dx = 4 \sec^2 \theta \, d\theta$ and

$$\sqrt{x^2 + 16} = \sqrt{16 \tan^2 \theta + 16} = \sqrt{16(1 + \tan^2 \theta)} = \sqrt{16 \sec^2 \theta} = 4 \sec \theta.$$

Moreover, since $\tan \theta = x/4$, we have x = 0 implies $\tan \theta = 0$ implies $\theta = 0$, and x = 3 implies $\tan \theta = 3/4$ implies $\theta = \tan^{-1}(3/4)$. Thus, the integral transforms to

$$\int_{0}^{\tan^{-1}(3/4)} \frac{1}{4 \sec \theta} \cdot 4 \sec^{2} \theta \, d\theta = \int_{0}^{\tan^{-1}(3/4)} \sec \theta \, d\theta$$
$$= \ln |\sec \theta + \tan \theta||_{0}^{\tan^{-1}(3/4)}$$
$$= \ln |\sec(\tan^{-1}(3/4)) + 3/4| - \ln |1 + 0|$$
$$= \ln |5/4 + 3/4|$$
$$= \ln 2.$$

Here we evaluate $\sec(\tan^{-1}(3/4))$ by drawing a right triangle with angle θ and opposite side 3, adjacent side 4. Then $\sec \theta = 5/4$.

Exercises: Complete the following on a **separate** piece(s) of paper.

1. Evaluate $\int_0^2 \sqrt{4-x^2} \, dx$ using the substitution $x = 2\sin\theta$.

Check your answer by interpreting the integral as the area under the curve.

2. Evaluate
$$\int \frac{1}{x(x^2+4)} dx$$
 using the substitution $x = 2 \tan \theta$.

3. Evaluate
$$\int \frac{x^2}{\sqrt{16-x^2}} dx.$$

4. Evaluate
$$\int_{\sqrt{3}}^{3} \frac{1}{x^2 \sqrt{x^2 + 9}} \, dx$$
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